



AANHPI-INSPIRED
HEALTH & WELLNESS PROGRAM

CHINESE COOKING CLASSES

STARTING FRIDAY, SEPTEMBER 1, 11 AM TO 1 PM
AT TUCSON CHINESE CULTURAL CENTER
1288 W. RIVER RD.

This Fall 2023 to Spring 2024, enjoy a series of cooking classes as part of our Health and Wellness Program. Learn to cook complete dishes in this hands-on class. [Details online.](#)

2024 CLASS DATES:

- **Thursday 1.4:** Chicken and Taro Root Soup with White Rice
- **Saturday 1.27:** Chinese New Year Nian Gao and Dumplings
- **Thursday 2.22:** Stir-fry Chinese Rice Cake with Shrimp/Chicken
- **Thursday 3.21:** Shanghai Style Beef and Sweet Rice Shao Mai
- **Thursday 4.18:** Braised Snapper with Ginger and Scallion
- **Saturday 5.11:** Salt and Pepper Chicken Tender with Asian Salad
- **Saturday 5.25:** Dragon Boat Zongzi

NON-MEMBERS: \$65 PER PERSON PER CLASS
TCCC MEMBERS: \$45 PER PERSON

**DETAILS AND
REGISTRATION
ONLINE**

[TUCSONCHINESE.ORG](https://tucsonchinese.org)

Contact us for assistance
520-292-6900
info@tucsonchinese.org

IN PARTNERSHIP WITH

