

ASIAN HERITAGE MONTH CELEBRATION

SOUTHWEST FOLKLORE ALLIANCE

FEATURING



END OF LIFE VIDEO PRESENTATION

Here is the actual link for the video:

<https://vimeo.com/392566883>

This short video, one of four mini documentaries commissioned by the Southwest Folklife Alliance (Affiliate of The University Of Arizona) SFA's End of Life: Continuum (EOL) project, features Chinese practices for healthy living and longevity. From Tai chi to healthy food to age-old beliefs and rituals for wellness, these practices are centered in keeping mind, body, and spirit connected for a good, long life. SFA's End of Life: Continuum project shares cultural knowledge about traditions, expressions, and practices associated with end of life, grief, mourning and death in Southern Arizona's folk, ethnic, occupational, faith-based and alternative communities. The series was funded by the Shaaron Kent Endowment Fund held at the Community Foundation for Southern Arizona and The David and Lura Lovell Foundation.

For additional information on SFA's End of Life: Continuum (EOL) project go here:

<https://southwestfolklife.org/end-of-life-2/>

For information about the Arizona End of Life Care Partnership go here:

<https://www.azendoflifecare.org/>



Tucson Chinese Cultural Center
1288 West River Road
www.TucsonChinese.org (520) 292-6900

