



TUCSON CHINESE CULTURAL CENTER

祖筭華人文化中心

Tucson Chinese Cultural Center

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SENIORS PROGRAM

TCCC presents: Seniors Newsletter A Perfect “10” for the Seniors Program

- 10 year anniversary for the Senior Program this year.
- 10% per year for the membership growth (130 members attend every Thursday).
- 10 hours of fun (First class at 8 am and last class at 6 pm).
- 10 activities for the seniors – Line Dancing, Tai Chi : Beginners, Advance, and fan dance Silver Sneakers exercises, mah jong, computer class, cooking class, Ping pong, speakers’ seminars, and everyone’s favorite, LUNCH!
- 10 + 2 tables of mah jong (48 players and some waiting).
- 10 favorites lunch meals – soy sauce chicken, turkey & pork ball congee, spareribs in black bean sauce, Aunt Sally’s baked fish, pork tonkatzu , tomato beef lo mein, pork won ton noodle soup, steam chicken with green onion & ginger sauce, Chinese sausage fried rice, and Patsy’s corn beef & cabbage.
- 10 kinds of bread – free for the seniors to take home.
- 10 gals & 5 guys volunteers run the program – In the kitchen: Leslie Wong, Katherine Rasmussen, Sharon Foo, Sally Lee, Annie Lam, Helen Don, Susan Owara, Lorinda Kwok, Howard Lee, Franklin Lee, James Dong, Lenny Don, James Tong (our chef). Serving are Susan Chan and me.
- 10 X \$12.50 = cost of membership (\$125.00 or \$2.50 a week for 50 weeks)

The Malabys

George and Mary Malaby we thank you, appreciate you, grateful to you, and love you. WHY?

Mary and George are active in the History Program and Senior Program. They have done their oral history for our library. Mary had her Dad's history board of his market done. They are the Senior Program secret "dough" providers. The "dough" I am writing about is as in bread dough. Every Tuesdays and Thursdays George and Mary delivery "day old" bread, pies, donuts, cakes, cookies, bagels, and other "day old" items as fruits and vegetables from Fry's Supermarket and Basha's Supermarket to the TCCC for the seniors. Some of this "day old" dough we give to the seniors to take home and some we serve to them for lunch.

George and Mary Malaby are TCA members who give unconditionally. They give their time, money, and love to Tucson Chinese Cultural Center. Hell, George is Mexican and Mary is half Mexican and half Chinese. They care about Tucson Chinese history more than most Chinese in Tucson. They understand how important it is to continue the history of the Chinese in Tucson and the Chinese influence it provides to Tucson.

Mary Lee Malaby is the daughter of Lee Hop and Mary Trujillo. Lee Hop and Mary had eight children. Lee Hop was one of Tucson's Chinese pioneers. They had seven daughters and one son. Mary is a native Tucsonan. She is a 5th generation US citizen. Her Mom's family owned the Valencia Market. Mary graduated from Tucson High. She worked as an auditor for the US Post Office in Southern Arizona, New Mexico, and Texas.

George, a former medical sales representative, is married to Mary for 55 years. They were married on New Year Day. They have three sons. Robert lives in San Diego. Billy lives in Phoenix. And Lee lives here.

When you see them at the Chinese Cultural Center or about town or just give them a call, give them a "shout out" of thanks.

News – George has been in a rehab facility since he fell getting bake goods from Fry's for the seniors earlier this year.

Happy 10th Birthday

Tucson Chinese Cultural Center

Can you believe it? Twenty years ago the thought and the idea to move from the Rainbow Bakery building was planned. The next ten following years the old bakery building is sold, fundraising is

started, the hiring of an architectural company, asking Tucson Chinese School and other users what they needed in the new building and then ground breaking day happened. This was the beginning of establishing the Chinese community with the Tucson community and its outlining areas. Our mission is to promote, sponsor, and educate the community relating to the Chinese culture and heritage through activities and events and through the five programs: Tucson Chinese School, Seniors Program, History Program, Lion Dance Team and Red Thread Program.

The building will be 10 years old in October. The facilities is taken care by many volunteers. The seniors on Thursdays do simple chords now since they are getting older and the work is too much. AAA Landscape does major work twice a year. The seniors still clean the parking lot. They water and trim the trees. They also repair and maintain the inside of the building too. All the batteries in the emergency lights needed replacements. They hung history boards. They replaced bolts in the front and back doors.

We get help from community member, Donald Gin, who helps maintain the electrical duties. All outside and indoor building lights needed replacing. Bruce Lee, owner of Silver Breeze Heating & Cooling is hired to maintain the HVAC systems. Environment Control, a cleaning service does the cleaning twice a week. (Sylvia is glad. My sister did the restrooms before the cleaning service). The many glass windows and doors are done once a year by professional glass cleaners. The senior lunch crew maintains the kitchen. The kitchen hood, stove, and grill are cleaned James Tong, Franklin Lee, and Leslie Wong. The refrigerator, freezer, kitchen tables and shelves are cleaned by Helen Don, Susan Owara, and Katherine Rasmussen. I am so proud of them because we got another “excellent” from the Pima County Health Department.

There are three employees who attend to all the reception duties which includes helping maintain the building. They are to keep the lobby, library, and rental spaces clean and appealing.

Several building needs for 2015 are roof repair (I consider this major), new chairs for MPR, basketball rim supports repaired, outdoor court lines repainted, and paint and patch the rooms and hallways walls. Dam water finds a way to leak into the building. Too many chairs are unrepairable. The basketball hoops do not fully retract up and down. It is tough to hold a tournament at our center when you cannot see court lines. With 130 seniors every Thursday and 120 Chinese School students every Sunday, the building takes a beating.

New items needed are a small dishwasher to fit under the kitchen sink. The seniors want an automatic door for the front so the disabled can come into the building with a pull of a button.

News Bulletin – Correction on the automatic door. The seniors raised the money this past May to pay for the door.

No song or singing this time but just plain begging. Can you help us?

Times are changing

- My parents came to America to make money and send back to China.
Today, The Chinese come to America and spend their money.
- In the 70's, the Arab students drove the BMW, Firebirds, Camaros, and sports cars.
Today, the Chinese students drive the BMW, Lexus, and sporty SUVs.
- We ate dinner as a family every day.
Today, family meets once a week to have a family meal.
- Parents taught their children family values as responsibly, honesty, respect, and generosity.
Today, we make it the schools job.
- I had family chores.
Today, children are paid an allowance to do their chores.
- Cleaned yards for \$1.00.
Today, we want minimum wage for cleaning the yard.
- I was spanked when I was bad.
Today, there is "time out".
- I walked home from school.
Today, we ride the school bus.
- Wanted to be a fireman or policeman when I grew up.
Today, we want to be an American Idol contestant.
- Go to Chinese restaurants and order a good meal.
Today, go to Chinese restaurant and eat a buffet.
- Boy, we got to watch TV (black and white)
Today, they watch their iPad
- I played "Pac Man" on the video machine.
Today, they play games on their phone.
- We cared and worried for our family, friends, neighbors, and community.
Today, we only care and worry about oneself.